



تجمع الرياض الصحي الثاني  
Riyadh Second Health Cluster  
شركة الصحة القابضة



## A Patient and Family Guide to BCG Treatment for Bladder Cancer



## What is BCG treatment?

It is an immunotherapy given through a catheter into the bladder for superficial bladder Cancer.



## What's the benefit of BCG treatment?

- Immunotherapy helps the body's immune system attack the cancer cells.
- BCG reduces the recurrence rate and progression rate, which ultimately limits your chance of a cystectomy.



## What are the potential side effects?

It's normal to develop certain side effects within the first 24 hours after BCG treatment.

### These side effects may include:

- Bladder irritation in the form of frequent urination, urgency, or pain during urination.
- High fever and general fatigue.
- Debris in the urine.
- blood in the urine.



## When should you see a doctor?



Most BCG treatment side effects go away in 2 days. However, you should call or visit your healthcare provider if you develop the following symptoms:

- A temperature of 38.5 degrees or higher.
- Persistent blood in the urine.
- Inability to pass urine.
- Uncontrollable bladder irritation.

## General Instructions After Immunotherapy:



- ❖ Monitor and report symptoms if they are severe or if new complications arise.
- ❖ Avoid caffeine and alcohol.

- ❖ Drink plenty of fluids to relieve bladder irritation.
- ❖ Do not use public toilets.
- ❖ Avoid sexual intercourse for 24 hours after receiving immunotherapy.
- ❖ If you have incontinence (loss of bladder control), wash your clothes immediately in the washing machine.
- ❖ Do not wash them with other clothes.
- ❖ Maintain a healthy diet, stay physically active, and avoid smoking and stress to support overall health after treatment.

## BCG Induction Therapy Schedule



Session	Urine Examination	Note / Signature
Week1 <input checked="" type="checkbox"/>	<input type="checkbox"/>	
Week2 <input type="checkbox"/>	<input type="checkbox"/>	
Week3 <input type="checkbox"/>	<input type="checkbox"/>	
Week4 <input type="checkbox"/>	<input type="checkbox"/>	
Week5 <input type="checkbox"/>	<input type="checkbox"/>	
Week6 <input type="checkbox"/>	<input type="checkbox"/>	

Follow-Up: OPD after 9 Weeks for Cystoscopy ☐

# لأن الوعي وقاية

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